



Welcome to T Level Health

What you can read or watch before starting the course to get you excited for the course and the topics you will learn about:

The core textbook: Hoare. S. Riley. M. Adams. J. (2022), Health T level, Hodder

Health T Level: Supporting the Adult Nursing Team" by Alison Burton

This website tells you all about T Levels in Health and the careers you can progress into: [Health | T Levels](#)

NCFE student materials which gives you an insight to the T Level exams: [Student exam pack](#)

BBC – "Hospital" (BBC iPlayer)- A real-life look inside NHS hospitals, showing the pressures and decision-making in healthcare.

What will I learn on the course?

Core A Elements:

Topic	Title	Intent
1	Working within the Health and Science Sector	You will gain an understanding of the day-to-day process of health and science environment
2	The Healthcare Sector	You will have an insight into where the health sector began, how it is funded and what roles there are.
3	Health, Safety and Environmental Regulations in the Health and Science Sector	You will become equipped to work safely and be legally compliant within the health and science sector.
4	Health and Safety Regulations applicable in the Healthcare Sector	You will look at legislation and regulation applicable to the health sector
5	Managing information and Data within the Health and Science Sector	As part of this topic, you will understand how to manage data, including the use of social media
6	Managing Personal Information	Here you will learn about record keeping of patient's information and how this can be shared safely
7	Good Scientific and Clinical Practice	You will learn about standard operating procedures, and the consequences of not following these
8	Providing Person-centered care	This topic will enable you to understand human development, as well as the values of the healthcare sector
9	Health and Wellbeing	You will learn how to support a person's health and how to recognise signs of pain and discomfort

10	Infection, Prevention and Control in Health Specific Settings	As part of this topic, you will learn techniques required for effective infection control and the importance of clinical and personal hygiene
11	Safeguarding	As a health professional, it is important to understand the different types of harm and abuse. You will learn these, as well as how to protect vulnerable people

Core B:

Topic	Title	Intent
B1	Science Concepts	You will learn more about the human body and how it functions, as well as aspects of chemistry and physics , which are essential for a healthcare worker.

Study skills and placement skills:

Placement and sector skills	You will spend a significant amount of time in placement over the duration of your course so during this session you will learn the necessary skills and behaviours required to work in the health sector	Begin to consider the types of placements that you would like to go to- these could be in hospitals, care homes, nursing homes.
Study skills	In these sessions, you will look at different skills such as time management, organisation, referencing, academic reading and growth mindset to support you to develop the skills you need to complete the tasks.	Begin to think about your skills and behaviours that you have. Think about what type of learner you are. Complete the quiz to see what type of learner you are! Quiz: What Type Of Learner Are You?
Personal and professional development	These sessions include 1-1's with your progress tutor to support your personal and professional skills over the duration of your course.	Write a letter to your new tutor introducing yourself You could write: Your hobbies and interests Why you want to do this course Your career Your family and friends What you are hoping to learn Your hopes and fears

Contact information

If you have questions regarding this or any other Health and Social Care course at Burnley College, please contact hss@burnley.ac.uk

We look forward to seeing you in September!

