

Drink Types

Burnley
College

Sixth Form Centre

ISOTONIC

30g of sugar
100ml of sugar free squash
400ml of water
A pinch of salt

HYPERTONIC

200ml of squash
500ml of water
Pinch of salt

HYPOTONIC

50ml of squash
500ml water
Pinch of salt



Hypotonic vs
Hypertonic vs Isotonic:
What's the Difference?

CLICK HERE

