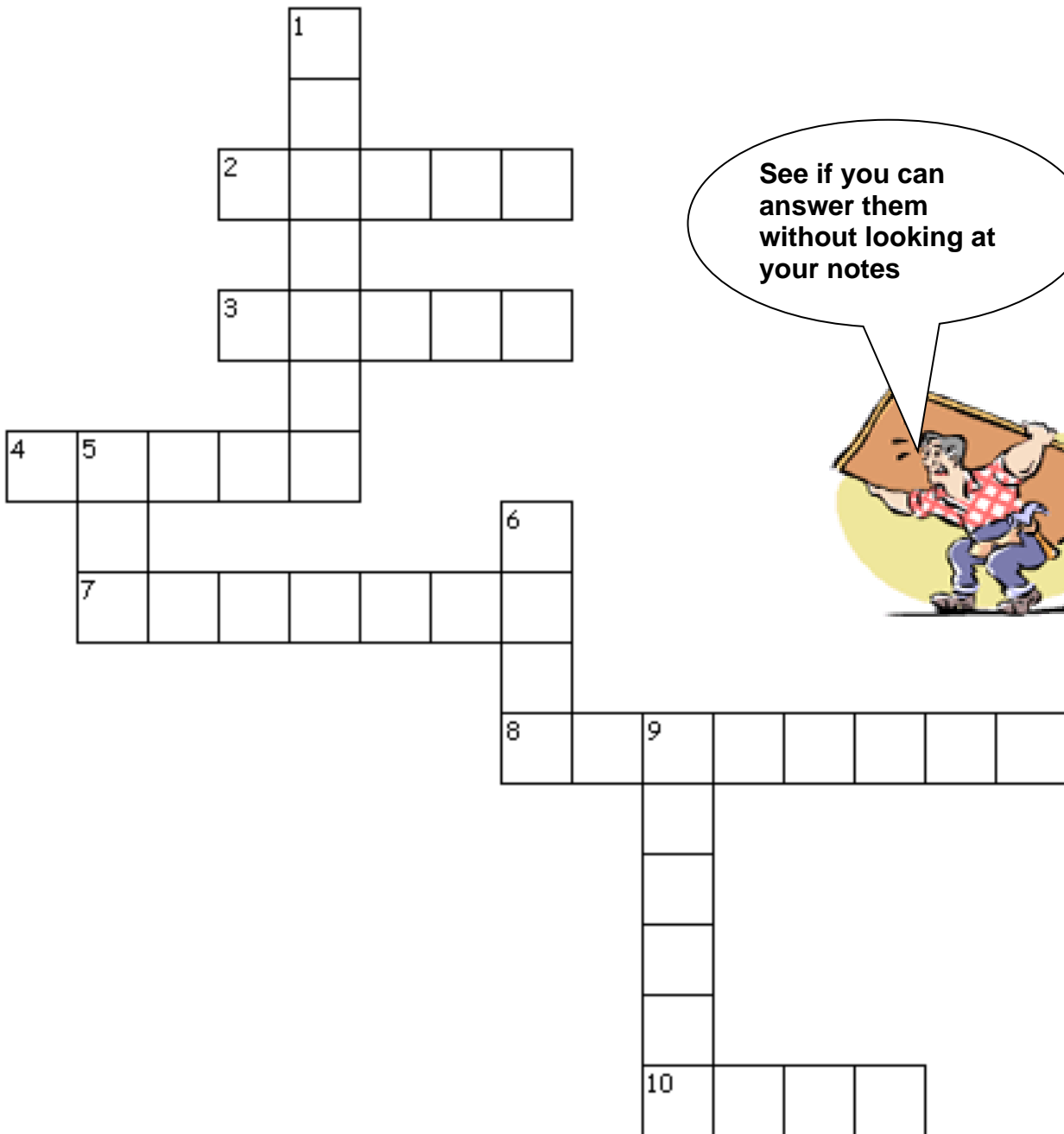


# Manual Handling Puzzle



## Across

2. BEND YOUR \_\_\_\_\_ NOT YOUR BACK
3. IF YOU HAVE TO STRAIN TO LIFT IT, THEN THE LOAD IS TOO \_\_\_\_\_
4. YOU NEED TO WEAR THESE AT ALL TIMES
7. WHAT SHOULD YOU DO BEFORE LIFTING ANYTHING
8. HOW MUST YOU KEEP YOUR BACK
10. NEVER \_\_\_\_\_ YOUR LOAD WHEN YOU HAVE ARRIVED AT THE DESTINATION

## Down

1. WATCH YOUR?
5. HOW MANY PEOPLE GIVE THE ORDERS DURING TEAM LIFTS
6. WHAT DO YOU LIFT WITH
9. HOW SHOULD BARRELS BE MOVED