

# Sports Professionals Programmes

Whether you wish to pursue a career in the **Sport and Exercise Science** field, within the **Health & Nutrition** forum or creating a career in **Sport Coaching** or **Teaching Sport** within **Physical Education**, Burnley College Sports Division has the course for you. The blended practical and theory studies, led by industry professionals, will help you develop skills and knowledge, assessed through observational practice and course work that can be applied to industry.

We have a selection of taster sessions for you to get involved with:

- Investigate the **different planes of movement** that the human body works
- Learn about **Sport hydration and fluid intake** where you will create your own variety of hydration drinks and complete a taste test.
- Develop skills in **coaching and teaching sport fundamentals** by trying the 30 day Sock Challenge, a programme developed by our BTEC Y2 Sport & Physical Activity Coaching students. Explain how each of these exercises is designed to develop young children's **fundamentals movements** in the three key areas.
  - **Body Control**,
  - **Locomotor**
  - **Object Control**
- Delve into the world of the **professional sport teams and clubs** of the 21st Century and understand the theory and skills behind **sport technique analysis**.

**Let's get started** - to join the exciting activities in the classroom you will need to complete the following steps.

1. Using Google **Chrome** Browser - download the **Google Classroom App** onto your electronic device
2. **Activate** the Classroom App - you will then need to join the class. To do this select the **PLUS (+) sign at the top right hand corner** of the page and from the drop down menu select **Join class**.
3. You will then be asked for a **Class code** - please enter: **neatfdk**
4. **You are already to go** - check the **Classwork** tab for the lessons set. **Upload** your findings and our Sports tutors will give you feedback. If you have any questions or ideas then share them on the **Stream** and our Sports tutors will answer them for you.
5. **Have fun - we can't wait to see you.**

