



Level 3 Dance



Burnley College

**BY INDUSTRY,  
WITH INDUSTRY,  
FOR INDUSTRY.**

—CAM DIVISION



# Welcome

Burnley College has an excellent reputation for training young dancers and helping them achieve their ultimate goal of working as an artist in the professional dance industry. Our students have gone on to study at prestigious dance schools such as Northern School Of Contemporary Dance, London Studio Centre, Trinity Laban and ShockOut Arts. This presentation will provide you with useful information relating to the course and how you can begin to prepare for your studies with us.



**[Burnley College Performing Arts & Dance YouTube Channel](#)**  
**[Insta: Burnley College Dance](#)**

## Poppy Olah



**Role:** Programme Leader  
Dance, Performing Arts and  
Music

**Training:** The University of  
Salford

**Favourite Choreographer:**  
Bob Fosse

**Best dance memory:**  
Performing at The Royal  
Exchange Theatre her own  
directed and  
choreographed piece at  
Truth about Youth Festival

**Top Tip:** 'Aim to be the best  
version YOU instead of  
comparing yourself to

## Sammy Allen



**Role:** Curriculum Manager  
Dance, Performing Arts  
and Music

**Training:** Northern School  
of Contemporary Dance

**Favourite Choreographer:**  
Sidi Larbi Cherkaoui

**Best dance memory:**  
Professionally Performing  
at the roundhouse theatre

**Top Tip:** " Use every  
moment available in the  
studio to develop your craft,  
this is the last time it will be  
free" "

## Jess Sarchet



**Role:** Dance  
Tutor/Progress Mentor  
**Training:** The Hammond  
**Favourite choreographer:**  
Gene Kelly

**Best dance memory:**  
Working with Darcy Bussell  
on National Ballet projects  
**Top Tip:** "Always have an  
open mind when learning  
new styles of dance as well  
as putting 110% into your  
dance training!"



# YEAR 1 - UNITS YOU WILL COVER



## Exploring Dance Styles

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- Contemporary Dance Styles and Technique
- Ballet Dance Style and Technique
- Jazz Dance Styles and Technique
- Urban Dance Styles and Technique
- Tap Dance Styles and Technique
- Acrobatics Skills and Technique
- Development of Performance Skills in all styles



## Creating Performance Material

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- Actions / Space / Dynamics / Relationships
- Motif / Motif Development
- Choreographic climax, structure and form
- Relationships to music
- Solo and Group choreography



## Performing as a Dancer as part of an Ensemble

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- Warm up, cool down and safe dance practice
- Strength, Stamina, Flexibility
- Development of technical skills
- Working as a Company
- Contributing to Performance Material



## The Dance Industry

- The Development of the Dance Industry such as key choreographers, companies and their professional works.
- Employment opportunities in the Dance industry such as types of employment and roles in the industry
- Potential opportunities for the future Dance industry such as self promotion, securing work and the growth of mass media.

# Exploring Dance Styles

You will take part in practical sessions, workshops and short projects that explore a variety of dance and performance styles. Sessions will look at the development of these styles throughout history. You will explore them practically by taking part in short projects, where you will look at how to develop the necessary skills and techniques and underpin knowledge related to working with different styles.

Here are the styles of dance and potential practitioners you will study at Burnley College, we advise you familiarise yourself with the below content before you commence your studies in September.

## Contemporary Dance

**Choreographer:**  
**Read:**

Matthew Bourne

**Watch:**

<https://new-adventures.net/take-part/schools>



**Choreographer:**  
**Read:**

Akram Khan

**Watch:** 'Zero Degree's' <https://vimeo.com/22694686>

[Step-by-step guide to dance: Akram Khan](#)

DANCE STYLES

# Exploring Dance Styles

**Jazz Dance**

**Choreographer:**

Bob Fosse

**Watch:**

**Read:**

[A Profile of Dancer and Choreographer Bob Fosse](#)



**Choreographer:**

Jack Cole

**Watch:**

**Read:**

[Jack Cole: The dancer who made Marilyn sparkle](#)



DANCE STYLES

# Exploring Dance Styles

## Tap Dance

Choreographer: Fred Astaire

Read: [Information on Fred Astaire](#)

Watch:



Choreographer: Michael Flatley

Read: [Information on Michael Flatley](#)

Watch:



DANCE STYLES



# Exploring Dance Styles

## Urban Dance

Choreographer: The Royal Family    Watch:



Choreographer: The Jabbawockeez    Watch:



DANCE STYLES

# Exploring Dance Styles

## Ballet

Classical Ballet -



Neo Classical Ballet -



DANCE STYLES

# Exploring Dance Styles

## Acrobatics

- Strength
- Flexibility
- Balance
- Coordination



DANCE STYLES



## YEAR 2 - UNITS YOU WILL COVER



### Using Development Plans to Refine Skills

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- Participate in a variety of professional workshops that will allow you to explore progression opportunities within the industry.



### Producing a Personal Project

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- Creating two contrasting dance solo's in any style of dance of your choice



### Using Material for Self-Promotion and Networking

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- Creating a dance showreel
- Creating a professional social media platform (Instagram) to promote yourself as a professional dancer



## YEAR 2 - UNITS YOU WILL COVER

### Undertaking A Defined Creative or Administrative Role



- Group choreography where you work with other dancers creating your own performance material

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### Using Creative Collaboration to Develop A Project



- Group collaborative project on a well known subject matter created into a 20 minute production

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### Producing A Collaborative Project



- Rehearsing and refining material for a well known and popular Musical.
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# STUDIO/ THEATRE GUIDELINES



- ALL BLACKS FOR ALL REHEARSALS
- BARE FEET FOR MOVEMENT BASED REHEARSALS OR SPECIALISED FOOTWEAR\*\*
- ENSURE YOU ARRIVE TO SESSIONS EARLY AND IN CORRECT CLOTHING - UNIFORM
- NO HATS OR HEAD WEAR ON THE PREMISES
- BE PROFESSIONAL AND RESPECTFUL DURING REHEARSALS
- NO EATING OR DRINKING EXCEPT FOR WATER WITH A SECURE TOP
- DO NOT ENTER THE STUDIO / THEATRE WHEN ANOTHER CLASS IS TIMETABLED IN THERE
- EQUIPMENT & SPACE SHOULD BE TREATED WITH RESPECT AND CARE
- SPEAKERS SHOULD BE USED AT AN APPROPRIATE VOLUME AND SOLELY FOR REHEARSAL
- FAULTS AND DAMAGES SHOULD BE REPORTED IMMEDIATELY TO TECHNICIANS / TUTORS
- THE STUDIO SPACES / THEATRE SHOULD BE LEFT CLEAN AND TIDY. EQUIPMENT SHOULD BE TURNED OFF AND SHUT DOWN PROPERLY
- ALL COVID HEALTH AND SAFETY PROCEDURES MUST BE FOLLOWED AT ALL TIMES

# Dance Essentials



## EQUIPMENT

Pen

Notebook

Folders

Current assignment briefs

Any set homework/independent work

## CLOTHING

Black leggings or joggers

Black T-shirt or vest

Trainers

Dance T Shirt

for events/trips/performances

Leotard (dance)

Appropriate footwear/Dance Shoes

### Important Info:

ID badges MUST be worn at all times:

\*You WILL NOT be allowed on College premises without your ID

\*A replacement ID badge can be purchased from student services for £3.


**BRING ALL THESE ITEMS WITH YOU TO COLLEGE  
FOR EVERY SESSION**



# **Performing Arts & Dance Social Media**

[Youtube Channel](#)  
[Dance & Performing Arts Facebook](#)  
[Burnley College Performing Arts Insta](#)  
[Burnley College Dance Insta](#)  
[Performance bcuniversity](#)





**YOUR  
MISSION**  
Create 4  
counts of 8 of  
choreography  
based on one  
of the dance  
styles.

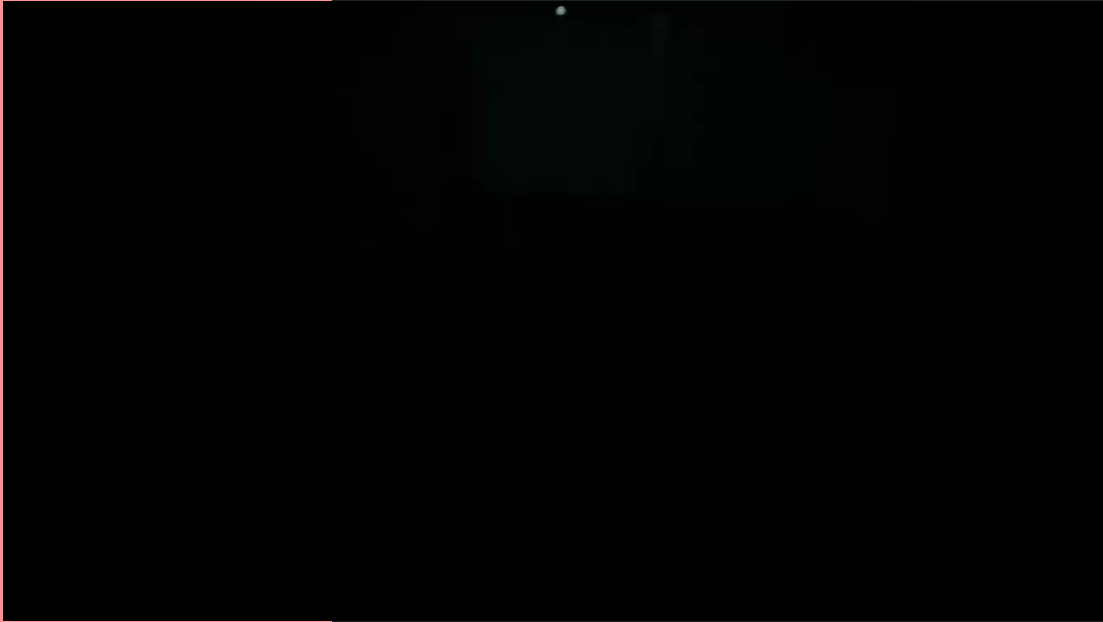


**Ideas of what to  
include**

- \*Key motifs and actions used by that choreographer
- \*A range of dynamics
- \*Accurate technique
- \*Appropriate music
- \*Facial expressions and performance skills

Send it into our Burnley College Dance Instagram!

## LONDON'S CALLIN'



Watch the following performance by our second year dancers that explores the London Riots of 2011 and consider the following questions:

How is the narrative depicted through the choreography?

Why do you think it was important to add speech?

What dance styles were used throughout and why were they effective?

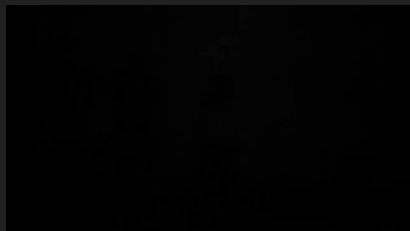


**Dance**

Choose three of the following dances from our DANCE SHOWCASE 2022 and compare the stylistic features of each dance style;



### CONTEMPORARY DANCE



### URBAN DANCE



### BALLET



### ACRODANCE



### TAP



### JAZZ DANCE



Style

Technique

Performance Skills

Dynamics

Use of Space

Relationships

Costumes

Use of Music

Use of lighting